

**Penn West Conference
Women's Retreat Registration**

Name: _____

Address: _____

Phone Number _____ Email: _____

Home Church and city: _____

Roommate Request: _____

Special Dietary Requests (We cannot guarantee fulfillment of special dietary needs on-site, but an effort will be made to provide information on alternative locations for meals if necessary).

Registration deadline: September 6, 2016

Payment information and Housing Selection:

Saturday & Sunday Program and Meals for All \$70.00

Lodging: \$25/night double or triple

___ Wednesday occupancy

___ Thursday Limited capacity – first

___ Friday come, first served for Lodge

___ Saturday

___ **Bedding rental if desired \$ 5.00**

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Total payment due \$70.00

Plus # nights X \$25 _____

Plus optional bedding _____

TOTAL DUE: \$ _____

___ Full payment enclosed \$ _____ enclosed; balance of \$ _____ to be paid by church:

Mailing address of church

LIFT HIM UP!



The 2016 Women's Retreat

of

The Penn West Conference of
The United Church of Christ

Saturday, September 17 – Sunday, September 18, 2016

R&R days:

Thursday, September 15 & Friday, September 16

Arrivals available after 4 PM beginning

Wednesday, September 14

Retreat held at:

Living Waters Camp and Conference Center

300 Camp Living Waters Road

Schellsburg, PA 15559

For more information, please contact Molly Anthony at

kmamaa@comcast.net or by phone 724-493-7715

To register, please send the registration form by **September 6, 2016**, along with a check made payable to **Women's Retreat Committee** to:

Molly Anthony
13019 Homestead Court
North Huntingdon, PA 15642

Our Program Leadership

Debra Pedrow pens her newest essential Christian study book **Lift Him Up Don't Pull Him Down, the eternal importance of never momentarily taking our Lord's name in vain** – written to bring attention to the increasing misuse of the title name *GOD*. As a Christian blogger at debrapedrow.com, Debra has written over 150 posts devoted to acknowledging the sovereignty of our Lord. As a playwright, her family play *Emme's Birthday* was performed locally to sold-out performances. As a children's author, she visited schools, libraries, and bookstores throughout Pennsylvania and Florida.

Debra is married to John, her husband of thirty-two years. Though born and raised near Pittsburgh, they currently enjoy the winter months basking in the sunshine of Bradenton, Florida. Their only child, Joy, blogs at joypedrow.com, a ministry encouraging women in their walks with God.

What to Bring

A Bible
A chair cushion
Good walking shoes
Rain gear if necessary
Toiletries as needed
Medications as needed
Sleeping bag or sheets and blanket, pillow, towels, and washcloth (bedding available for rent from camp)
Fan (especially if it's hot or humid or both!)
Offering for closing worship, if desired
Camera, iPod, or personal music player if desired
Earplugs if desired
Clothing – can be cooler nights at camp

For Thursday/Friday:

Food is on your own – bring food and drinks or plan to eat out
Videos/DVDs, etc.; games; portable craft projects

Our mission project for this retreat is collecting items for the residents of Homewood at Martinsburg. Items such as tissues, hand lotions, toiletries, playing cards, stationery, etc., are much appreciated!

You may arrive Wednesday evening after 4 PM, at any time Thursday or Friday, or on Saturday morning by 9:15 AM. There will be coffee and sweet rolls available at the Lodge where registration will take place. The retreat ends after lunch on Sunday at approximately 1 PM.

On Your Own Options Thursday and Friday:

Antiquing in Bedford; apple orchards; Flight 93 Memorial; time for reflection; visit Shawnee Park; sit, visit and play games with friends; read; nap a while

Saturday & Sunday:

Pray and worship together during our **Lift Him Up** seminar; play some games; sing some songs; party together Saturday night; reconnect with old friends; eat (healthy or not, your choice); just plain hang out!

Please note that cell phone service in the camp can be limited depending on provider and weather. There is wireless internet access in the main buildings.

Saturday night is party night – bring your favorite comfy pajamas, as well as snacks, drinks, and games to share!

The 2016 Women's Retreat Committee:

Molly Anthony – Brush Creek Salem Church, Irwin
Marjory Gaul – Trinity Church, Dorseyville
Ruth Shaver - United Church of Schellsburg UCC
Tudie Silvis – Third Church, Greensburg